

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

Location: MANASSAS PK, VA  
Date: AUGUST 2018  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Christine Swengros

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best



2. What two [2] ideas/concepts did you really like?

- a. Please & Thank You → You may, you can!
- b. How to love deeply + never be hurt again.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Yay! It's you!
- b. I don't know 😊



4. Denny, I want more [and you'll have it!].....

practice with these AWESOME SKILLS

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy. [ON THE BACK IF YOU WANT MORE ROOM]

I knew teaching could be different & you taught me how to be kind without being "nice"

With total gratitude,

Dennis M. McLoughlin



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Name [optional to you, important to me]

Cheryl Posinski 

1. How would you celebrate this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. blame other as well as the "positive truth"
- b. I like the idea of giving students permission to succeed.

3. What two (2) phrases/quotes in this workshop did you really like?

- a. "What I permit I teach"
- b. "Modeling is teaching, telling is zero"

4. Denny, I want more [and you'll have it!].....  
time for  
processing and thought



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

I so appreciate the opportunity to meet and hear w/ Denny. What a great person... I know I will be learning from this experience for years. I cannot wait to <sup>apply</sup> so much of this in my class and life.

With total gratitude,  
Dennis M. McLoughlin



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Name [optional to you, important to me]

Justin Moreland

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. Trust Psychology Chart and Method



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "I want to be with you!!!!"
- b. "For more success, you may..."



4. Denny, I want more [and you'll have it!].....

How to get your ARFF Met and help others fill their ARFF too!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

This class has helped me rethink everything I do in response to negative things in life. I am excited to approach things with solutions in mind instead of focusing on the problem.

I have made many good connections with students, but I know that with High Trust, I can look forward to GREAT connections with students and the opportunity to teach them the methods to success!

Thank you very much!

Amazing



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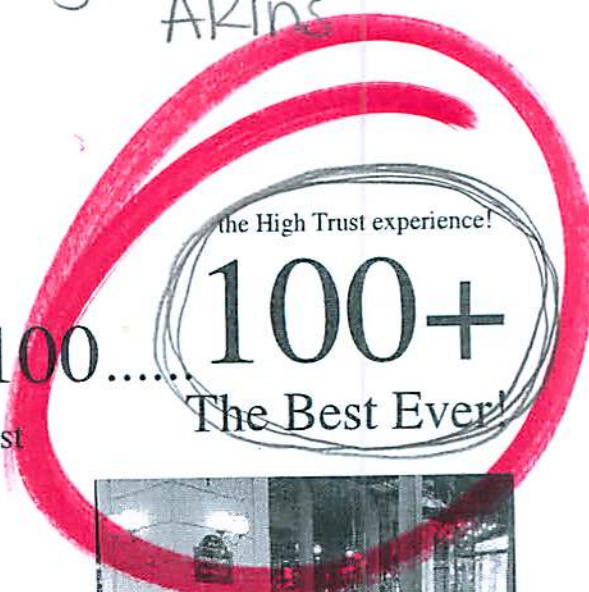


Name [optional to you, important to me]

Meghan Eleanor  
AKINS

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best



2. What two [2] ideas/concepts did you really like?

- a. ARFF *not using please/thank you.*
- b. Sequence theory *unless a favor.*



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "Good thinking!"
- b. "You can do it anyway"  
"If you change your mind, that's okay."



4. Denny, I want more [and you'll have it!].....  
*moving! not staying in our seats.*  
*timely breaks/lunches*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

*It's crazy how comfortable I was here thanks to you. Please never stop changing lives! ♥*



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Name [optional to you, important to me]

Rita Hughes

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best



2. What two [2] ideas/concepts did you really like?

- a. Building relationships is essential to learning
- b. Teachers influence students towards thinking & responsibility



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Good thinking
- b. Yay it's you! I love your big brain



4. Denny, I want more [and you'll have it!].....Yes!!.....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Your philosophy validates the positive experiences is my life!

With total gratitude,

*Jennifer M. McLoughlin*



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Name [optional to you, important to me]

AnnMarie S.

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
 One of the worst                      Average                      One of the Best



2. What two [2] ideas/concepts did you really like?

a. We love mistakes because mistakes means where new learning goes

b. My purpose as a teacher is to influence students to think and be responsible with respect, trust, joy & gratitude.

3. What two (2) phrases/quotes in this workshop did you really like?

a. "good thinking"

b. "would you like to listen or would you like to comment?"

4. Denny, I want more [and you'll have it!].....



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*

Denny,

Thanks for <sup>making me</sup> remember how I used to teach! I will reflect the next two weeks (before the students come) and try to figure out how I can bring your ideas and lessons into my classroom.

Thank you, Thank you!

W. M. (v)

IMPRESSIVE!



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Name [optional to you, important to me]

Tom Caggiarelli

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best



2. What two [2] ideas/concepts did you really like?

a. ARFF

b. Correct way to teach students to listen



3. What two (2) phrases/quotes

in this workshop did you really like?

a. "Would you like me to comment or would you like me to listen?"

b. "That's okay, you may do it any way!"



4. Denny, I want more [and you'll have it!].....  
Skills!!

5. Please share some of your **POSITIVE** personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

High energy kept me truly engaged!

Dennis M. McLoughlin



# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

Location: ALEXANDRIA, VA  
Date: AUGUST 2018  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Kaitlyn Yonts

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. "ARFF"
- b. educator's purpose is to INFLUENCE.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "Turd Smellers"
- b. "Do you have a backbone or 12 gummy bears back there?"



4. Denny, I want more [and you'll have it!].....

I will continue to pursue you for support!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Thank you!

Dennis M. McLoughlin



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Location: MANASSAS PK, VA  
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Name [optional to you, important to me]

*LaKey*

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. ARFF  
b. MISTAKES ARE WHERE THE LEARNING IS



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "LOVE YOUR CODE"  
b. "MODELING IS TEACHING"



4. Denny, I want more [and you'll have it!].....  
THINKING & SOLUTIONS!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

THE SCIENCE BASED PERFORMANCE ART IS PHENOMENAL.

With total gratitude,

*Jennifer M. McLoughlin*



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Location: MANASSAS PK, VA  
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Name [optional to you, important to me]

Gay Chucko

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best



2. What two [2] ideas/concepts did you really like?

- a. repeated Questions
- b. Greeting at the Door



3. What two (2) phrases/quotes in this workshop did you really like?

- a. want to help you be successful.
- b. What you permit you Teach.



4. Denny, I want more [and you'll have it!]...I want more demonstrations ~~and~~ model how to do more in H.S. settings

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

Awesome Approach -  
Lead by example  
Build relationships - most important  
Always be positive

With total gratitude,

Dennis M. McLoughlin



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Name [optional to you, important to me]

Julia Barman

1. How would you *celebrate* this workshop, overall:

Loved it! Refreshing and fun — exactly how the High Trust experience! — teaching should be!

0 10 20 30 40 50 60 70 80 90 100 ..... **100+**  
One of the worst      Average      One of the Best      **The Best Ever!**

2. What two [2] ideas/concepts did you really like?

a. ARFF

b. "Mistakes are where the new learning goes"  
"The valleys of Death" goes to

3. What two (2) phrases/quotes in this workshop did you really like?

a. "Mistakes are where the new learning goes"

b. "It's you!!! :)"

4. Denny, I want more [and you'll have it!].....

I would like more in depth scenarios geared towards high school students

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

I love the positive thinking and the guidance on how to phrase things positively.

With total gratitude,

Well done!

Dennis M. McLoughlin

This workshop was refreshing because you told the truth and didn't sugar coat how students act/react





# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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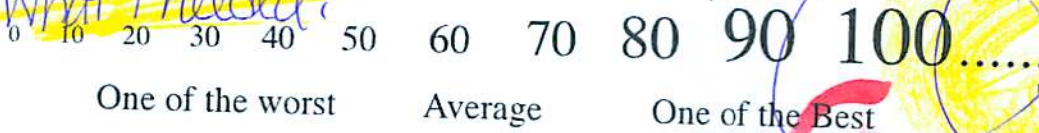
Location: MANASSAS PK, VA  
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Name [optional to you, important to me]  
Katie

1. How would you *celebrate* this workshop, overall?

*This workshop truly challenged me & my way of thinking and it was exactly what I needed.*



the High Trust experience!

**100+**

**The Best Ever!**

2. What two [2] ideas/concepts did you really like?

- You can only teach positive voices
- Have students verbalize what they did well



3. What two (2) phrases/quotes in this workshop did you really like?

- "You may try again for more success"
- AARF



4. Denny, I want more [and you'll have it!].....

- more interactive activities*
- more chances for us to share individual problems*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

- I loved the idea of removing the guilt teachers have for fixing their AARF.*
- I loved how we can give back the perception that makes us happiest.*

With total gratitude,

*Dennis M. McLoughlin*

*o I like how we can take what we need from it.*



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Name [optional to you, important to me]

Glen Smithberger

1. How would you *celebrate* this workshop, overall:

*Fantastic, Tons of information (practical equipment)*

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!

**100+**

**The Best Ever!**

2. What two [2] ideas/concepts did you really like?

a. ARFF (Ph.D in Trust Psychology)

b. The hurt and pain experienced translates to resistance.

*c. The above students need you the most*

3. What two (2) phrases/quotes in this workshop did you really like?

a. YAY!! It's you!

b. I would like some support

*c. Mistakes mean where the new learning grows*

4. Denny, I want more [and you'll have it!].....

ARFF



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

- Great stories/experiences

- Lot of fun

- Great tools to take with us -

- very practical and applicable.

With total gratitude,

*-It was a pleasure, even if my face may not have indicated that.*



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Name [optional to you, important to me]

SAM OLBES LASKOWSKI

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best



2. What two [2] ideas/concepts did you really like?

- a. Debit/Credit List
- b. YOUR CODE



3. What two (2) phrases/quotes in this workshop did you really like?

- a. AFTER 2 MISTAKES, REteach it
- b. "What's your job?"



4. Denny, I want more [and you'll have it!].....

TIME WITH YOU & HT!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

LOOK on the BACK → With total gratitude.

*Dennis M. McLoughlin*



This way of life (High Trust) has helped me marry the different parts of myself (i.e., therapist-part, coach-part, & teacher-part). I have struggled trying to find a balance & HT has given me the skills & confidence to do this! I am so excited for this year to start & look forward to work with Dennis again!!!

#FillYourPuff

AMAZING!



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Name [optional to you, important to me]

Katie

1. How would you *celebrate* this workshop, overall:



0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What two [2] ideas/concepts did you really like?

- a. love mistakes!
- b. how to "do something"



3. What two (2) phrases/quotes in this workshop did you really like?

- a. we can only teach a pos.
- b. modeling is teaching



4. Denny, I want more [and you'll have it!].....  
incorporation of real classroom scenarios within our school

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

Positive energy

With total gratitude,

*Dennis M. McLoughlin*



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Location: MANASSAS PK, VA  
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Name [optional to you, important to me]

Autumn Nelson

1. How would you *celebrate* this workshop, overall:

95

we didnt fill in  
the whole book  
the High Trust experience!

0 10 20 30 40 50 60 70 80 90 100..... **100+**  
One of the worst      Average      One of the Best      **The Best Ever!**

2. What two [2] ideas/concepts did you really like?

- a. how to listen to someone
- b. not using please & thank you for favors
- c. trust graph



3. What two (2) phrases/quotes in this workshop did you really like?

- a. ARFF (obviously)
- b. those who blame lose ability to change



4. Denny, I want more [and you'll have it!].....

support on how to initiate a relationship  
the first time I meet a student.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

As a new teacher at the school With total gratitude,  
this class helped me begin friendships  
in a positive manner. Their support and  
encouragement has left me feeling  
more excited than anxious to begin  
the school year

*Autumn Nelson*



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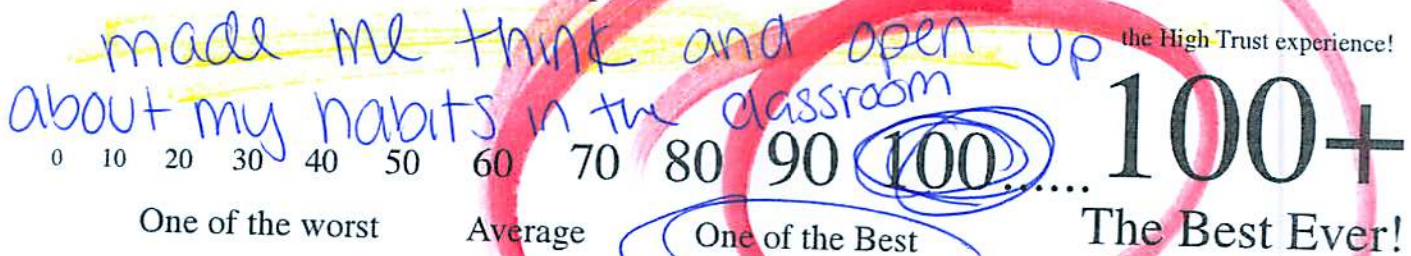
Location: MANASSAS PK, VA  
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Name [optional to you, important to me]

Shannen

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. Staying to your code



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "those who make students safe get to make the standards"
- b. Love mistakes because mistakes mean where the new learning goes.



4. Denny, I want more [and you'll have it!].....

CLASSROOM SCENARIOS

↳ like we present typical problems we come across

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

energy was great  
I love that its not <sup>just</sup> teaching skills, but being a better person overall

With total gratitude,

Dennis M. McLoughlin



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Name [optional to you, important to me]

Andrea

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. ARFF
- b. positive talk



3. What two (2) phrases/quotes in this workshop did you really like?

- a. good thinking
- b. 'You' IT's you'!



4. Denny, I want more [and you'll have it!].....  
strategies for specific situations in our classrooms.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

I see the value of all of this and will try to do it with my kids from now on.

With total gratitude.

Dennis M. McLoughlin



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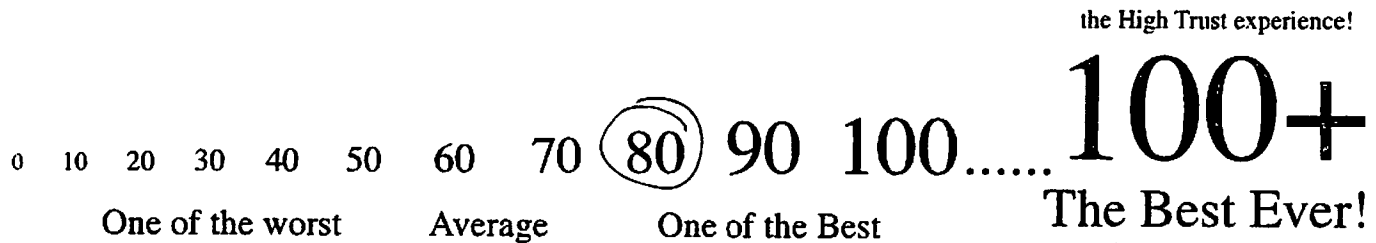
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Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. positive speaking
- b. Valleys and Canyons of Death.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Those who blame cannot change.
- b. We love mistakes because that is where the learning begins



4. Denny, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,



# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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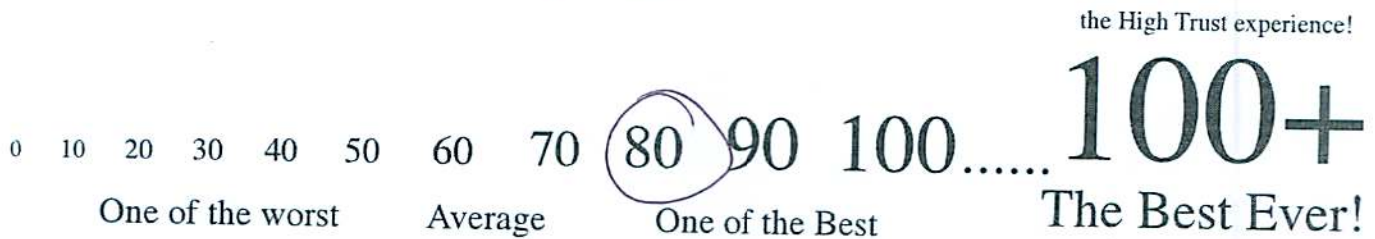
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Name [optional to you, important to me]

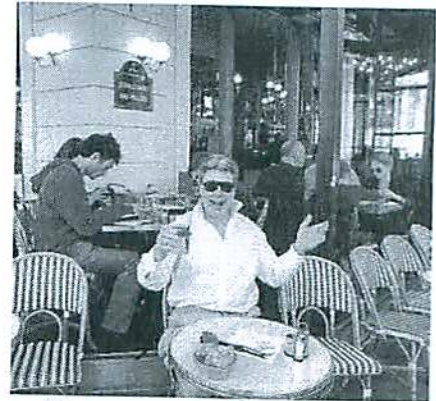
LeeAnn

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. the need for all students to have success.
- b. making bonds with students makes



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Those who blame lose the ability to change
- b. mistakes mean where the new learning goes.



4. Denny, I want more [and you'll have it!].....

High school examples / theater

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*



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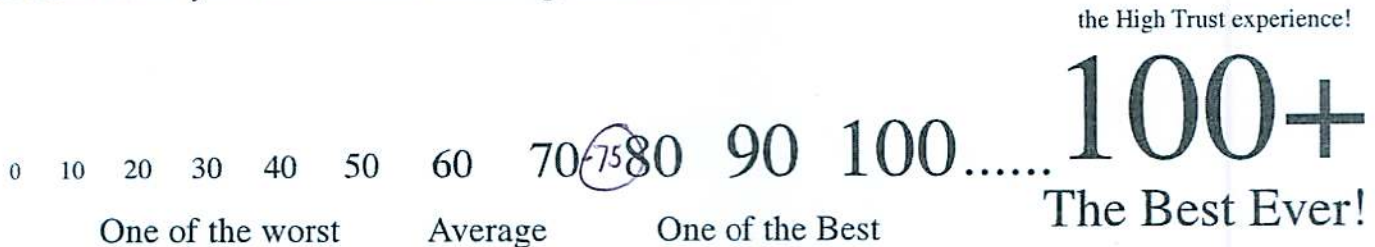
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Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



2. What two [2] ideas/concepts did you really like?

- a. Solution Centered
- b. double scoop



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Solution Centered
- b. Smart Thinking



4. Denny, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,